

Independent Living Program at Merlo Station

Creating independence for adults with developmental disabilities

Sponsored by:

Families for Independent Living (FFIL)
Assisted Shared Apartment Program (ASAP), and
Tualatin Valley Housing Partners (TVHP)

Are you ready for independent living?

What plans have you made to reach this goal?

Do you feel you have the necessary skills to make that step successfully?

Are you aware of the housing opportunities that waits for you?

OK, what do you see as **your** next step to independent living?

For more information, contact

Phil Palmer, 503-644-1650,

phil.palmer@email.com

Jen Nail, 971-226-7538,

br_res_serv@tvhphousing.org

Program Sponsors



Tualatin Valley Housing

Partners (TVHP)

Mission Statement: Promote self-sufficiency through affordable housing for low and moderate income people throughout the Tualatin Valley. Contact: Karen Voiss, 503-641-5437, k.voiss@tvhphousing.org.



Families for Independent Living (FFIL)

Mission Statement: Families for Independent Living (FFIL) is dedicated to promoting and advocating for the support of persons with developmental disabilities in a variety of housing settings that best suit their individual needs. Contact: Gordon Teifel, 503-642-1251, mainlight@mac.com.



Assisted Shared Apartment Program (ASAP)

An apartment program which allows residents to live independently with the support of an on-site resident assistant. Contact: Will Calhoun, 503-880-9455, willcalhounpdx@aol.com.

Independent Living Program at Merlo Station – Make Friends and Learn Skills

This seven-month pilot program provides opportunities for individuals to learn and experience living independently.. Prospective residents will be given an opportunity to move into an apartment for a short stay. During that time they will be assessed on the skills needed to live safely and successfully in one of our two independent living models at Merlo Station. A Resident Assistant will be available in the evening and morning to help facilitate living, social, and community skills.

Program Goals:

Goal 1. Work with other agencies and groups that provide services to adults with developmental disabilities to create social and recreational activities to enhance the building of friendships possibly leading to future roommates.

Goal 2. Lease an apartment for six months to allow trial apartment living for various lengths of time. Provide supervision for safety, and skill building.

Goal 3. Provide an assessment that will give feedback about skills needed to live independently. Suggest specific classes and recommend skill building activities accordingly.

Goal 4. Provide a schedule of skill building activities to ensure a greater success for independent living. Work with DD providers to maintain a high level of professionalism in the classes.

Goal 5. Provide a mentoring program for families preparing to allow their adult with DD to live independently. Give opportunities for group discussion of issues concerning advocacy for someone in transition. Share information about resources available to this population with these families.